



LAKESIDE

A QUARTERLY PUBLICATION OF NH LAKES - Volume XXXI, No. 4, Winter 2021

Lake Advocacy in 2021!

by Michelle Davis, Advocacy Program Coordinator, NH LAKES

It's Advocacy Season! Although you're likely still experiencing some political fatigue, the New Hampshire legislative session is a perfect time for you to get involved in the lawmaking process. Helping out at the state level is a great place for you to make meaningful change and ensure clean and healthy lakes.

We've been busy! I started as NH LAKES' Advocacy Program Coordinator this past September and really hit the water paddling, so to speak! Since your last update, NH LAKES has continued to advocate for clean and healthy lakes in study commissions related to aquatic invasive species, shoreland septic systems, and docks. Each commission submitted a summary report to the legislature. Due to interruptions related to the pandemic, some study commissions are considering seeking extensions to gather more information, strategize, and seek consensus recommendations.

Last fall was all about coalition building and collaborating. NH LAKES has been working with interested organizations and individuals, like you, across New Hampshire and nationwide to share knowledge about the impacts of wake (ballast) boats and to shape our strategic legislative agenda. Concerns about the impacts of wake boats are on the rise everywhere as they surge

in popularity. We're proud of the work we're doing and of the leadership role we're able to take in this arena.

This session we are supporting two pieces of legislation related to wake (ballast) boats. The first comes out of consensus recommendations of the Wake (ballast) Boat Study Commission that concluded in June 2020 and adds the activity of wake surfing to existing safety regulations. The second piece of legislation defines wake (ballast) boats in statute based on their unique design. A wave-action research study will provide data soon in the New Year that will indicate distances and water depths that wake (ballast) boat waves need to travel before their wave energy is reduced to that of smaller waves. We recognize that the issue of wake (ballast) boats weighs heavily on many of your minds and, because of this, we are taking an intentional and measured approach in order to produce reasoned and science-based recommendations.

Here's where you come in. NH LAKES has a focused but increasingly important legislative agenda for the 2021 legislative session. Your legislators will need to hear from you and, whether you are a registered voter, property owner, or visitor, your voice truly matters and needs to be heard! If you're interested in getting involved in the legislative process, I would be happy to coach you

beforehand on talking points, logistics, and strategy. Reach out to me anytime at mdavis@nhlakes.org.

We need your support this year more than ever! Things will surely look different this legislative session, and we don't yet know how the session will proceed. You can stay informed on our progress and respond to our calls to action by signing up for our Advocacy Alert e-newsletter at nhlakes.org/e-news. We'll need you to be ready to call, email, and write your legislators and testify at hearings in support or opposition to certain bills when the time comes.



The New Hampshire State House in winter.

Lakeside
published quarterly by

NH LAKES

17 Chenell Drive, Suite One
Concord, NH 03301
603.226.0299
nhlakes.org info@nhlakes.org

Officers

Bruce Freeman (Strafford)
Chair

John Edie (Meredith)
Vice Chair

Robert W. Reed (Chichester)
Treasurer

John-Michael (JM) Giraldo (Rye)
Secretary

Kim Godfrey (Holderness)
At-Large

Stuart Lord (Silver Lake)
At-Large

Board of Directors

Susan R. Goodwin (Wolfeboro)

Shirley Green (Enfield)

Breckie Hayes-Snow (Wolfeboro/Concord)

Andre A. Hunter (Newbury)

Chris Hussey (Windham)

Jim Lovell (Ossipee)

Bradford W. Melson (Gilford)

Roger F. Murray, III (Wolfeboro)

Robert W. Reed (Chichester)

Susan D. Reed (Hampstead)

Robert W. Shaw, Jr. (Moultonborough)

Robert N. Snelling (Holderness)

Elaine Warshell (Moultonborough)

Honorary Directors

Joseph Farrelly (Concord)

Anne Lovett (Holderness)

Sidney Lovett (Holderness)

Staff

Tom O'Brien

President and Policy Advocate

Andrea LaMoreaux

Vice President of Programs and Operations

Martha Lovejoy

Director of Finance and Development

Krystal Costa Balanoff

Conservation Program Coordinator

Michelle Davis

Advocacy Program Coordinator

Soren Denlinger

Business and Development Assistant

Erin Graichen

Membership Coordinator

Erin Mastine

Outreach Program Coordinator

Jessica Sayers

Conservation Program Assistant

Lakeside Printing

Speedy Printing

Concord, NH

Lakeside Layout

Tracey George, Speedy Printing

Concord, NH

From the President...



NH LAKES and the lakes of New Hampshire are here for you—and were there for you throughout 2020. And, you

have been here for us and for our lakes. I have a hard time putting into words just how grateful we are for your support of clean and healthy lakes, but I will try—Thank You. We came through a difficult year together, while our lakes were even busier and more threatened than ever.

When the pandemic hit in March, requiring us to physically distance ourselves from one another, NH LAKES responded immediately. Our Vice President, Andrea LaMoreaux, and I were functioning as co-executives, with my primary roles being organizational strategy, advocacy, and external relationships. Andrea directs all of our operations and programs, which she performs in a superior way, possessing an extraordinary mind and ability for detailed planning and communication. Together, with the support of the NH LAKES Board, and an amazing team of professional staff, we responded seamlessly to the pandemic.

In addition to positioning NH LAKES staff to work from home while still functioning as if we were all in the office, we also made some significant changes to pivot our programs. We postponed our annual Lakes Congress

conference and networking event, moving the entire program, complete with sponsors and presenters, back at least a year. Then, we began offering weekly evening webinars on various lake topics. We held 13 webinars over the course of the summer months. Starting in September, we went to a monthly webinar on the first Wednesday evening of each month—hopefully you have enjoyed one or more of them.

In May, the Lake Host Courtesy Boat Inspection Program was launched through online training and new, safe protocols for distributing materials were implemented. All of our 300 Lake Host employees were hired through a new online 'onboarding' system. In July, we kicked off the second year of our LakeSmart Lake-Friendly Living Program—by summer's end, we had performed almost as many site assessments as we did in 2019 (about 70!).

Your support for clean and healthy lakes during 2020 was unflinching and simply amazing. Thank you for being part of our growing community of people who care for our lakes. I look forward to working with you in 2021—there's so much more to be done.

On behalf of New Hampshire's lakes,
Tom O'Brien, President

Leave a Legacy

Make a gift to NH LAKES in your will to ensure the lakes we love stay clean and healthy. Simply share this sentence with your attorney or financial planner:

I bequeath \$___ or ___% of my estate to: New Hampshire Lakes Association, Inc., 17 Chenell Drive, Suite One, Concord, NH 03301.

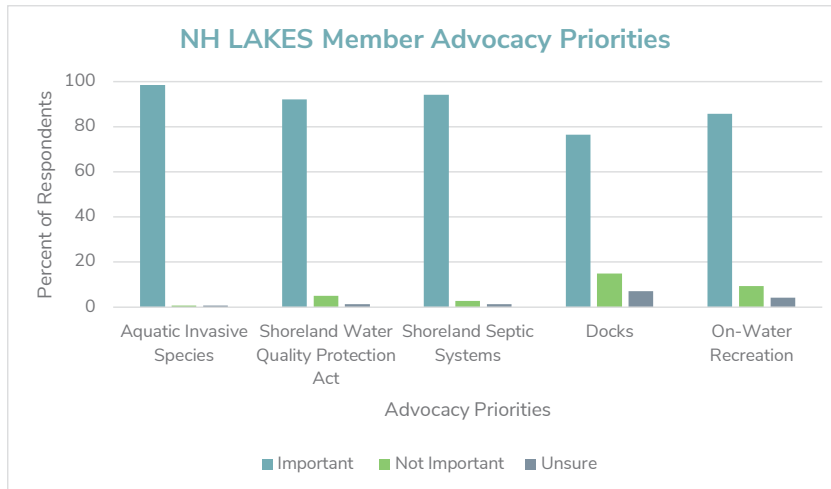
Our tax identification number is 22-2668396. If you have chosen to include NH LAKES in your estate plans, please let us know. Thank you!



NH LAKES operations are funded in part by a grant from the New Hampshire Charitable Foundation.

You Spoke, We Listened!

The annual Legislative Advocacy Survey results are in! Every year, NH LAKES surveys our members and this year, we heard from 140 of you. If you took the time to share your opinions about our advocacy work, thank you for your time and thoughtfulness. Your responses to the legislative advocacy survey help inform and support our work at the State House. Access to our annual surveys is one of the major benefits to NH LAKES' membership, and one of the best ways to share your interests and concerns with our legislators.



The results to the 2021 Legislative Advocacy Survey revealed an overwhelming support for continuing NH LAKES' advocacy work on topics including aquatic invasive species, the Shoreland Water Quality Protection Act, shoreland septic systems, docks, and wake (ballast) boats.

To stay updated on our legislative work in 2021, sign up for our periodic e-newsletter, **Advocacy Alert**, at nhlakes.org. **Keep an eye out in your inbox for the 2021 Municipal & Local Advocacy Survey!** This spring, we'll report on the results of our municipal advocacy survey in Lakeside.

Explore Lakes with NH LAKES

We're continuing our monthly webinar series throughout the spring! Make sure to tune in to these free webinars to learn about our lakes throughout the seasons, how wildlife survives changing temperatures, how our lakes are adapting to the changing climate, and more! Our attendees are talking! Will you be the next?

"Fantastic program!!! As a retired forester, I thought I was knowledgeable in these subjects. I was learning something every minute."

"I'm a new Selectman in my town and wanted to learn more about lakes. I made sure to tune in each week or watch the recording—I've learned a lot."

"The webinars are so informative and friendly! The presenters have been terrific. I can't wait for the next one!"

"It's so easy to tune in—thank you!"

Webinars are held on the first Wednesday of each month from 7:00 to 8:00 pm. Visit our website at nhlakes.org/explore-lakes-webinars to learn more and register, and view past webinars.



An "Eagles and New Hampshire's Lakes" webinar will be offered on February 6. Register at nhlakes.org/explore-lakes-webinars. Photo Credit: Jack Dorsey

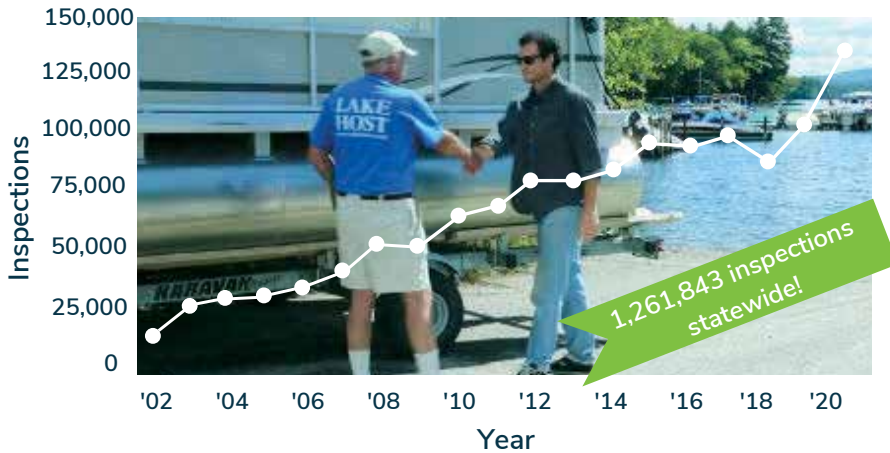
LAKE HOST PROGRAM

2002 - 2020

Summary & Accomplishments



COURTESY BOAT INSPECTIONS



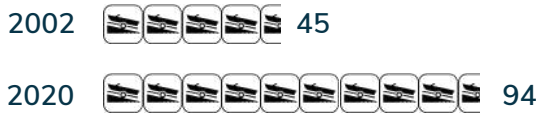
INVASIVE SPECIES REMOVED

1,635 'saves' at 55 waterbodies over 19 years

- Fanwort 813
- Variable Milfoil 651
- Eurasian Milfoil 96
- European Naiad 20
- Chinese Mystery Snail 22
- Water Chestnut 16
- Curly Leaf Pondweed 15
- Zebra Mussel 1
- Common Reed 1

PARTICIPATION

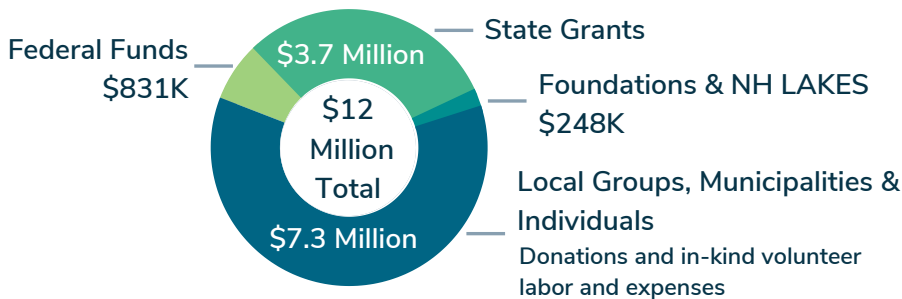
Boat Ramps Covered



Lake Host Inspectors



PROGRAM FUNDING OVERALL (2002 - 2020)



Preventing the spread of aquatic invasive species in New Hampshire for 19 years - one boat and boater at a time!

2020 Brought a Major Spike in Boating Activity

Did you seek refuge from the pandemic on a lake or pond during the past several months? If so, you are not alone! Thousands of boaters, from all over the country, enjoyed the pristine waters of New Hampshire's many lakes. Now, in its 19th season, the Lake Host Program—our nationally-recognized aquatic invasive species prevention program—was also at the lake. Classified as 'essential workers' early on in the season, our 600 paid and volunteer Lake Host courtesy boat inspectors worked extra hard this past summer, conducting 130,000+ courtesy boat inspections.

The number of boat inspections conducted during 2020 sets a NEW record for highest number of inspections in any given year. During these inspections, Lake Hosts removed more than 120 suspicious specimens of plants and animals from boats, trailers, and recreational gear, and prevented hitchhiking aquatic invasive species from entering our lakes 23 times.

This year looked a lot different than past Lake Host seasons. Realizing that our lakes needed special attention, online trainings were rolled out, remote hiring was adopted, contactless material pick-ups were set up, personal protection equipment was distributed, and safety guidelines were set in place. Local coordinators and Lake

Hosts didn't miss a beat and rolled with the punches. "We kept on trucking despite the pandemic," said Paul Santos, Lake Host Local Program Co-coordinator at Thorndike Pond in Jaffrey.

The data collected from the 2020 Lake Host season showed that 30% of boaters surveyed reported arriving from or departing to a waterbody in New England or New York with a known aquatic invasive species. It only takes one boat arriving at an unstaffed ramp to disrupt the fragile health of New Hampshire's waterbodies. And, only approximately 50% of boaters had cleaned, drained, and dried their watercraft prior to interacting with a Lake Host—this means approximately 65,000 boaters did not take preventative measures to prevent the spread of invasive plants like milfoil and invasive animals like the Asian clam. The presence of Lake Hosts at boating access sites is essential for keeping the lakes we love clean and healthy. In the face of this massive spike in boating activity, our lakes were kept safe by the dedication of Lake Hosts and the locally-participating groups who stuck it out in 2020.

Make Sure Your Lake is Protected in 2021

Since the start of the Lake Host program in 2002, Lake Hosts have conducted over 1.2 million courtesy boat inspections and removed 1,635 aquatic invasive species. It only takes one boat, containing water with invasive animal larvae or a fragment of an invasive plant, to cause an infestation in a waterbody.

The success of the Lake Host Program relies heavily on partnership with local lake associations and volunteers. If there is a boating access site on your local lake, make sure it is protected through the Lake Host Program. The 2021 Lake Host Program Grant Application will be available in February—NEW groups are encouraged to apply!



Lake Hosts are 'essential workers!'

NH LAKES Volunteers Receive Spirit of NH Award!

The Spirit of NH Award celebrates groups of volunteers who provide services that strengthen communities and improve the lives of New Hampshire residents. The Deering LakeSmart Team and the entire team of NH LAKES Lake Host Local Coordinators received the Spirit of NH Award this year! These amazing volunteer groups were recognized during the Spirit of NH Award Ceremony on December 9. Congratulations, all around!

NH LAKES is a Community of Lake Caretakers

In New Hampshire, it takes a village to care for our cherished lakes. It is a tradition. In some areas, for over a century, community members have worked with their neighbors, their town, and the state to help keep New Hampshire's lakes clean and healthy. NH LAKES is a proud member of this community of lake caretakers and part of this longstanding tradition.

Recently, we received a Letter of Support from our partners at the Franklin Pierce Lake Association. We could not be happier to hear about the great engagement they are seeing in their community due to their participation in the Lake Host Courtesy Boat Inspection Program. Working together, and sharing

successes, means cleaner and healthier lakes for all of us!

If you know of a local lake association that is not yet participating in the Lake Host Program, please reach out to Krystal Costa Balanoff, NH LAKES Conservation Program Coordinator, at kcosta@nhlakes.org.



Franklin Pierce Lake Association
PO Box 1836 • Hillsborough • NH 03244
www.fplake.org

Tom O'Brien
NH LAKES President
17 Chenell Drive Suite One
Concord, NH 03301

Dear Tom:

It is with great pleasure and without reservation that The Franklin Pierce Lake Association and our over 150 individual members provide this letter of support for the work that you and NH LAKES provide to the lakes and aquatic invasive species prevention programs such as ours across New Hampshire.

The efficient, timely, and generous support NH LAKES has provided to our Lake Host Program over the last 11 years has allowed us to directly grow our ability to monitor visitors to our lake, with a record of over 700 inspections and service to boaters in 2020.

Equally important is the fact that there has been a wave of additional benefits to our lake residents and visitors because of the services from NH LAKES. A substantial number of residents now patrol their shoreline, ask questions, and provide samples of suspicious plants for us to investigate because of what our residents have learned from the Lake Host program and your newsletters. Our return non-resident boating visitors very often confirm their dedication to helping prevent the spread of these threats, welcome learning more about NH LAKES, ask what they can do to help preserve our cherished invasive-species-free waters, and, having seen the damage done on other lakes, are very grateful that our waters remain clear.

Lastly, the educational support from NH LAKES has helped make our Association an effective fundraiser, allowing us to raise over \$10,000 to put into a reserve fund to be able to treat an invasion should (or when) one occurs. This in turn has allowed us to lobby with the Town of Hillsboro which manages the public boat launch site at Manahan Park to establish a matching reserve fund to augment our monies should we need to treat part of the lake for invasive species.

All of these benefits would not have been possible without the broad and selfless services provided by NH LAKES.

Sincerely,

Frank J. Malinoski

2020-2023 President, Franklin Pierce Lake Association

Commonly Asked Questions About Cyanobacteria: What You Need to Know



Amanda Murby McQuaid, Ph.D., Harmful Algal & Cyanobacterial Bloom Program, New Hampshire Department of Environmental Services.

You may have heard about it in the news or seen it at your favorite lake this past summer— toxic cyanobacteria blooms were observed in lakes throughout New Hampshire. During a summer where people wanted—and needed—to get out on the lake more than ever, these harmful blooms were certainly not welcomed. In fact, the situation was alarming. This was the first summer ever we heard of pets and people getting sick from swimming in a lake in New Hampshire experiencing a cyanobacteria bloom.

Our partners at the New Hampshire Department of Environmental Services (NHDES) recognize a growing concern and need for monitoring harmful blooms. NHDES' newly formed Harmful Algal and Cyanobacteria Bloom Program focuses on monitoring cyanobacteria and the nutrient-enrichment and aging process of waterbodies across the state. We recently invited Amanda Murby McQuaid, who coordinates the Harmful Algal and Cyanobacteria Bloom Program, to share with you, our members, some answers to common questions about cyanobacteria.

Question: Has there been an increase in cyanobacteria blooms in New Hampshire?

Answer: To date, there have been over 300 publicly-issued cyanobacteria-related advisories, warnings, and alerts in New Hampshire. The highest number of advisories have been issued in recent years—34 in 2018, 35 in 2019, and 23 advisories (plus 35 alerts and counting) in 2020. We have seen some late season blooms in New Hampshire in 2020, with blooms occurring well into November.

Question: Why should I be concerned about cyanobacteria blooms?

Answer: Cyanobacteria are bacteria that can produce an array of toxins. The toxins produced by cyanobacteria are known as cyanotoxins, and these compounds can cause problems in humans and animals that range from skin irritation to neurodegenerative disease. Common symptoms of toxic cyanobacteria exposure include gastroenteritis, seizures, lethargy, numbness, and nervous system failure.

Question: Are all cyanobacteria dangerous?

Answer: While not all blooms are toxic, many of the cyanobacteria that we typically see in New Hampshire waterbodies can produce cyanotoxins.

Question: When are advisories and alerts issued?

Answer: 'Cyanobacteria Advisories' are issued when samples are collected and identified, with cell concentrations exceeding the state threshold of 70,000 cells per milliliter of water sample. Advisories are posted on the NHDES website des.nh.gov. 'Cyanobacteria Alerts' are shared when photos and reports have been submitted to NHDES (but samples have not yet been collected or if bloom appears to have dissipated). Advisories and alerts are not based on toxin evaluations and are intended as precautionary measures.

Question: What should I do if I see a bloom?

Answer: Avoid contact with the water and keep pets and children out of the water, too. Then, take a photo and record your location. And finally, contact NHDES by phone 603.848.8094 or email HAB@des.nh.gov.

Want to learn more from Amanda? This past July, Amanda was a guest presenter in our "Working for Clean & Healthy Lakes" webinar series. To see the slides and watch the recording of the presentation—"Cyanobacteria Monitoring in New Hampshire's Lakes: What You Need to Know & How You can Help"—visit nhlakes.org/healthy-lakes-webinars.



Cyanobacteria create surface scums, while rapidly growing and rising throughout the water column. The accumulations are often driven to shorelines by wind and currents.

Living the LakeSmart Lifestyle

Lakes make us happy, especially in these uncertain times. We know many of you will do almost anything to keep the lakes you love clean and healthy. And, we've met so many of you through the LakeSmart Program over the past two years. The LakeSmart Program has provided insight on how we see our lakes, and the lengths we will go to ensure they stay beautiful—and healthy.

More than 160 property owners have participated in our LakeSmart Lake-Friendly Living Program since its launch in 2019. Our LakeSmart evaluators have visited over 100 properties throughout the state! What does this mean for a lake near you? Well, we are glad you asked! In a few words, clean lakes and healthy watersheds! As an education and recognition program, the LakeSmart Program provides homeowners with in-depth evaluations and helpful resources for managing activities in their home, along the shoreline, and on the lake, ensuring a healthy place for future generations to relax and recreate.

The LakeSmart Program strives to build long-term relationships, evolving with and supporting property owners as they aim for the coveted LakeSmart Award. We recently reached out to our 2019 LakeSmart participants to say hello and see what kind of lake-friendly actions they had taken since our site visit and personalized follow-up letter. We are happy to report that many property owners have taken initiative, implementing lake-friendly practices on their properties to control erosion, capture runoff water, increase wildlife habitat, and maintain septic systems! These updates are very encouraging, as we know that even the most minor adjustments in the way we live can add up to having a major impact on improving the health of our lakes.

One such exciting update came from a Deering Reservoir resident. Steve Avery volunteers his time educating his neighbors as part of the Deering LakeSmart Team. Just like the rest of the 66 properties visited in the opening season, Steve Avery invited the LakeSmart Team to his home on Deering Lake, looking for advice on

how to live in a way that keeps his lake clean, protects the wildlife, and protects his lakeside investment. A beautiful property, Steve's slice of heaven was already getting many things right—crushed stone on the driveway and pathways to slow down runoff water, crushed stone infiltration trenches under roof dripline edges to soak up rain water, and proper maintenance of the septic system.

On our visit in 2019, Steve was close to achieving the LakeSmart Award, but his property fell just shy of qualifying. Not the least bit discouraged, Steve took the follow-up guidance document we provided and began to make changes! The area of vegetation on the landscape next to the water—commonly referred to as a vegetated buffer—was enhanced in length and depth. Steve planted native woody shrubs including blueberries and ninebark to stabilize the soil and slow down rain and soak up runoff water to prevent nutrients from being washed into the lake, which could otherwise lead to toxic cyanobacteria blooms. These native plants are

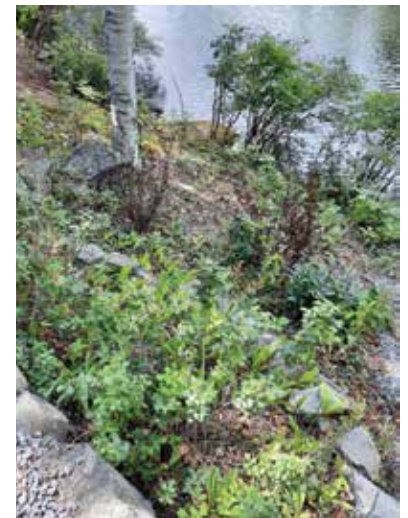
(continued on page 9)



Steve Avery (center) received the LakeSmart Award from Krystal Costa Balanoff, NH LAKES Conservation Program Coordinator (left), and Jessica Sayers, NH LAKES Conservation Program Assistant (right).



Before: Bare shoreline allows for polluted runoff water to enter the lake.



After: A stone retaining wall and natural plantings provide a vegetated buffer along the shoreline to prevent polluted runoff water from flowing into the lake.

(continued from page 8)

beneficial for wildlife, and provide shade, privacy, and wind protection to his property. These plantings were important to the overall lake-friendliness of the shoreline.

During summer 2020, we visited Steve again—and this time we awarded him the LakeSmart Award for Lake-Friendly Living! NH LAKES Conservation Program Coordinator Krystal Costa Balanoff gave him the great news this past August, commenting, “It is an honor to present Steve with this award for lake-friendly living—which he so very much deserves!” A win for Deering Lake and for all of New Hampshire’s lakes!

Thank you, Steve, and to all the other LakeSmart participants who are helping make lake-friendly living the norm in our communities! To start your own LakeSmart journey, visit nhlakes.org/lakesmart.

Introducing the LakeSmart Resource Library

Knowing where to find reliable and accurate information to help you with LakeSmart lake-friendly living projects on your property and in your home can be daunting. That’s why we’ve compiled an online resource library to help you along the way!

We know you’ll find at least a few helpful lake-friendly living tips in one or more of the following categories:

- Yard, Lawn, and Garden
- Along the Shoreline and in the Water
- Driveways, Parking Areas, and Plowing
- Home, Structures, and Septic
- Find a Professional



- The LakeSmart Book

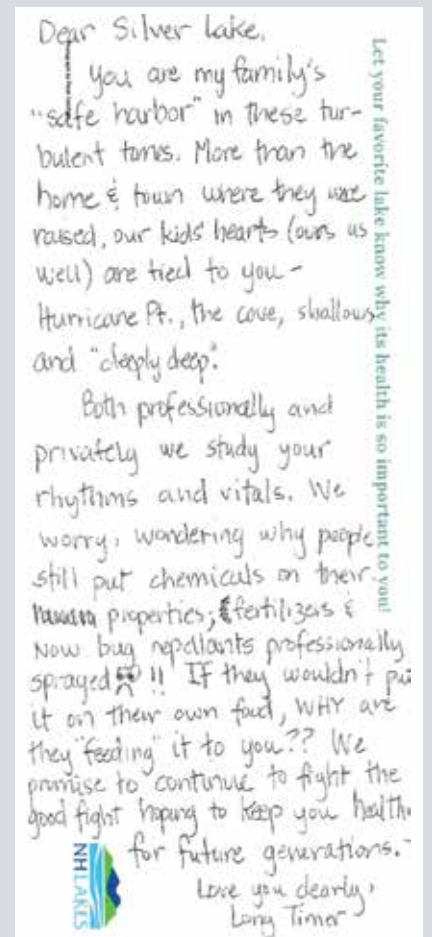
You don’t need to live along the shoreline to protect the health of our lakes. Visit nhlakes.org/lakesmart-resource-library to learn how you can make a difference!

A Letter to Your Lake

We recently invited our supporters to send a letter to their lake. We’re so glad we did because we have read a number of passionate letters written to lakes all over the state! We wanted to share one with you! Take a look at this letter to Silver Lake in Madison, New Hampshire. What would you say to your lake if you could?



Silver Lake, Madison.



The Rockywold-Deephaven Camp Annual Ice Harvest

by *Kathy Wheeler, Rockywold-Deephaven Camp, General Manager*

Every winter since late 1897, a tradition is renewed at Rockywold-Deephaven Camps (RDC)—the harvesting of Squam Lake’s ice. When Deephaven and Rockywold were founded, refrigeration using lake and river ice was common and the cutting tools plentiful. Now, RDC runs the only remaining commercial icing operation in New England.

When the lake’s ice off the Deephaven shoreline becomes 11 to 12-inches thick (usually mid-January to mid-February), the work and ceremonies begin. Depending on the conditions, 200 tons of ice are taken from the lake in three to five days by a crew of year-round staff, neighbors, shareholders, and regular summer guests eager to lend a hand, some more skillfully than others, but all eager.

The harvest has floated around a little over the years. In order to ensure solid ice, the staff at the camps monitor two locations. One at the furthest end of Deephaven and the other at Squaw Cove, which is more sheltered and tends to thicken faster. The staff have noticed that the weather has become less predictable and ice conditions have become more variable with climate change. We always breathe a sigh of relief when the ice harvest is over and both ice houses are full.

Each ice block, referred to as a ‘cake,’ measures about 12 by 15 by 19 inches and weighs about 125 pounds. The cakes, last winter totaling around 2,700 in number, are stored in two ice houses located within each camp. The ice houses, simple structures made only of pine boards, are insulated by sawdust on the inside walls, enabling the

cakes to stay frozen until after the last RDC guest leaves in September.

In the summer, the ice is delivered in wooden wheelbarrows to antique iceboxes located in guest cottages, keeping alive the tradition and nostalgia that over a century of guests have loved. Of the many celebrated stars of the ice, none shines brighter than the late Norm Lyford, an early ice-harvest grunt and eventually guru with over 70+ years with RDC, who could plot a precise, intricate cutting-field map on a morsel of paper. That genius was, and is, required for a proper cache of tight-fitting ice cakes in summer storage. Few people understand the geometric and special artistry that Norm, “schooled” only through the fourth grade, brought to ice-harvesting, but it is now, thanks to his tutelage and notes, practiced annually with great, if unintuitive success. Today, the operation has evolved to include “Norm’s Place,” a converted “bob house” (ice-fishing hut) that dispenses hot drinks and food to the icing teams burning calories cutting, pushing, and pulling cakes in the cold and wind.

Sometimes the question is raised of whether harvesting and using ice from the lake is the most efficient form of refrigeration for the camps. Among many answers is that the concept of electric refrigerators was considered, and then loudly rejected by guests, as the appeal of lake ice prevails. Try to resist analyzing the overall economics or even the rationale of the icing operation because you will lose, even as you realize how inefficient it all is. Icing remains a beloved tradition at RDC, no matter the cost.



Norm’s Place.



Ice ‘cakes’ stored at the camp.

NH LAKES Board Happenings

Welcome! Welcome! Please join us in welcoming Breckie Hayes-Snow and Susan Reed to the NH LAKES Board of Directors!



Breckie Hayes-Snow: Breckie Hayes-Snow is the Executive Director of Legal Advice & Referral Center (LARC), a nonprofit legal aid program located in Concord, New Hampshire. She has been with LARC since 1996, having started as a supervising attorney when she left private practice. She is a graduate of Brewster Academy, Boston University, and the UNH Franklin Pierce Law School. Breckie spent her early years on Lake Winnepesaukee and Lake Sunapee where family had

Breckie Hayes-Snow

summer homes before moving to Wolfeboro permanently with family. “New Hampshire’s lakes have been an important feature in my life, both as a summer person and ‘townie’ for as long as I can remember. I feel the importance of our lakes to the state—from our economy to our quality of life—and look forward to the opportunity to invest my time and energy in their preservation.”



Susan Reed: Susan ‘Susy’ Reed works in museum education at the USS Constitution Museum in Boston, Massachusetts. She is a lifelong summer resident of Big Island Pond in southern New Hampshire. She loves nothing more than to jump in the water for a swim, explore the swamps in a kayak looking for turtles and herons, or enjoy a picnic by boat. Susy’s grandfather served on the board of the New Hampshire Lakes

Susan Reed

Association, now known as NH LAKES, and she is honored to have the opportunity to continue the tradition. “The lake is so important to me and my family. I want to help care for this beautiful resource and serving on the board is an opportunity to put those values into practice.”

To learn about the talented individuals serving on the NH LAKES Board of Directors, visit nhlakes.org/board-staff. If you are interested in serving, please contact Tom O’Brien, NH LAKES President, at tobrien@nhlakes.org or 603.226.0299.

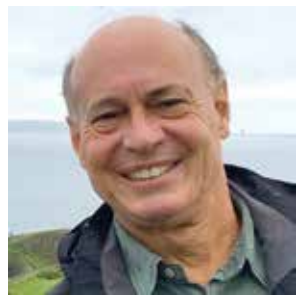
More Board Happenings



Stu Lord

ninth and final year of NH LAKES Board service, has stepped down as Board Chair in order to mentor his replacement, Bruce Freeman. Tom O’Brien, President of NH LAKES, commented, “Perhaps the best thing a leader can do is to find and prepare their replacement. Stu has done just that. Fortunately for us, his work is not yet done.”

Thank you, Stu! Outgoing Board Chair, Stu Lord, joined the NH LAKES Board in 2013. Demonstrating both the expertise and the willingness to take on leadership roles, he chaired the Fund Development Committee and, in 2014, became Vice-Chair of the Board, serving in that capacity for three years. In 2017, Stu stepped up to serve as Board Chair and now, going into his



Bruce Freeman

to accept the unanimous support of the Board as its new Chair. I am confident that he will do a great job for NH LAKES and I look forward to working with him in the last year of my term.”

Congratulations, Bruce!

Incoming Board Chair, Bruce Freeman, has served on the Board since 2017. In the words of Stu Lord, outgoing Board Chair, “Bruce has extensive experience in organizational assessment and management and has helped us position NH LAKES to achieve its current, and future successes. I was thrilled to know he was willing



Bob Reed

by his predecessors, to create financial accountability, transparency, integrity, and stability at NH LAKES.

Congratulations, Bob! Added to the slate of officers this year is Bob Reed, as Treasurer. He will also serve as Chair of the Finance Committee—a committee he has served on for the past two years. Bob has an MBA and a lengthy international corporate career, some of it in accounting. We are confident that Bob will continue, and build upon, the good work that has been done



17 Chenell Drive, Suite One
Concord, NH 03301

NON-PROFIT ORG.
US POSTAGE
PAID
PERMIT #726
CONCORD, NH

Inside this issue

Lake Advocacy in 2021!

From the President...

You Spoke, We Listened!

Explore Lakes with NH LAKES

Lake Host Program

2020 Brought a Major Spike in Boating Activity

NH LAKES is a Community of Lake Caretakers

Commonly Asked Questions about Cyanobacteria:

What You Need to Know

Living the LakeSmart Lifestyle

Introducing the LakeSmart Resource Library

A Letter to Your Lake

The Rockywold-Deephaven Camp Annual Ice Harvest

NH LAKES Board Happenings

Membership Matters

Membership Matters

New Members: September 4, 2020–November 20, 2020

Individuals

Anonymous
Elizabeth Abbe
Frank Battaglia
Muriel Benton
Scott and Ann Berry
Sarah Brennan
Beth Bysheim
Cynthia and Robert
Campbell
Susan Carter
Rachel Casatelli
Edward Craxton
Polly Crocker
Allison Crosby-Thompson
Debbie de Peyster and
Jim Morris
Jim and Betsy Dexter
David Dickson
Kathleen Eichelroth

Al Falcone
Jack Ferguson
Jackie Gladstone
Karin Goldstein
The Graichen Family
Charles and Elizabeth
Hambrick-Stowe
Andrea Harper
Lori Harrington
Sandra Hess
Martha Hicks-Courant
Joanne Houle
Matt Howe
Bruce and Alexis Jackson
Laurie Jones
Mark Jones
Paula Judge
Lee Ann Kerr
Jennifer King
Richard Kirby

Michael Lamb
Jayne Latorella
Brad and Lynn Leighton
Denise Corriveau
Sue Lobban
Audrey Mancuso
Kevin McCusker
Cindy McDade
Jessica Mills
Mary Kaye Miln
Representative John
Mullen, Jr.
David Murphy
Kendra Neville
Louise O'Leary
Melanie Paskavitch
MaryAnn Pumilia
David Redman
Martha Rich
Nicole Rios-Forte

Michael Robinson
Norm Royce
David Schappell and
Karen Janosky
Fran Shippee
David and Julie Sternberg
Jennifer Strong
Damon and Tracey Swope
Carol Ward
Justin Webber
Bob Whelan
Michael Wolf
Pat and Brad Wood
Marian Zeles

Organizations

Lake Living Realty

Photo Credit: Jennifer Karnan