



FOR IMMEDIATE RELEASE:

CONTACT:

Erin Mastine, Outreach Program Coordinator, NH LAKES

603-226-0299

emastine@nhlakes.org

nhlakes.org

New LakeSmart Book Now Available from NH LAKES!
A free guide for all interested in living a lake-friendly lifestyle!

Concord, N.H., August 13, 2019 – Did you know New Hampshire is home to nearly 1,000 lakes?! Is there a lake that you love? The *LakeSmart Book* is a comprehensive resource for all interested in living a lake-friendly lifestyle.

NH LAKES has developed this guide to help you understand lake ecology and the connections between lake health and your activities in your home, on your property, along the shoreline, and out on the lake itself. This guide provides you with some simple suggestions on how to minimize your impacts on the lake and where to find information about permit requirements for land clearing, structure building, and other development projects near lakes. You will also find out how to become involved in lake conservation programs.

New Hampshire boasts some of the most pristine and beautiful lakes in the country. Overall, these waterbodies are of high quality and are particularly important to the citizens and visitors of New Hampshire. Lakes not only provide a vast array of year-round recreational opportunities, they also provide critical fish and wildlife habitat, and many serve as public drinking water supplies. Numerous jobs in the state are dependent upon healthy and clean lakes and the opportunities that they provide. Simply put, New Hampshire's lakes are important to the state's economy, its natural environment, and our overall quality of life.

LakeSmart: Your Guide for Lake Friendly Living in New Hampshire can be downloaded at nhlakes.org/store. You can request printed copies by contacting NH LAKES at info@nhlakes.org or 603.226.0299.

Thank you for helping NH LAKES keep the lakes we all love clean and healthy, and be sure to take time to enjoy one or more of our 1,000 lakes this summer!

NH LAKES is the only statewide, member-supported nonprofit organization working to keep New Hampshire's lakes clean and healthy, now and in the future. For more information, visit nhlakes.org, email info@nhlakes.org, or call 603.226.0299.

###

Photo 1 caption: The new *LakeSmart Book* - A free guide to lake-friendly living!